

## Mount Hermon Baptist Church

18100 Genito Road, Moseley, VA 23120 (794-2049)

# Our 175<sup>th</sup> Anniversary Year

**Enewsletter – April 15, 2010**

[www.mt-hermon.org](http://www.mt-hermon.org)

Lee Ellison, Pastor

Susan Prather, Minister to Youth & Children

Peiling Zhao, Minister of Music

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## Mount Hermon Memorial Association Annual Meeting

**This Saturday, April 17 – 11:00 AM at church**

The church cemetery and its services belong to all the members of Mount Hermon Baptist Church and those people who were part of the association before 1976. Everyone is invited to hear reports and help conduct association business.

## Youth Missions Madness



MHBC Youth joined 325 other young people from across Virginia for a fantastic weekend of worship, learning, and fun!

**Youth Group**, this Sunday, April 18, 6:00 - 7:30 PM

**Embrace Richmond** - Blessing day is next Sunday, April 25, (leave from church right after worship) - Contact Susan Prather now to register. Adult chaperone/drivers are still needed.



Children's choir resumes this Sunday, April 18

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## *And the Dream Goes On*



**Mount Hermon Baptist Church**  
**Celebrating 175 years, 1835 - 2010**

**Sunday, May 23 – 10:30 AM – *The Dream***

**Guest Speaker: Fred Anderson** portrays Dr. William Hatcher,  
a great Virginia Baptist leader on the 19<sup>th</sup> century  
**Celebration meal** after the service

**Sunday, June 20 – 10:30 AM – *The Dream Continues***

**Special Music program** – “Just Us Concert”

**Sunday, July 4 – *The Dream Fulfilled***

**Highlights naming the church and calling first pastor**

**Join us as we continue the dream...**

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**Mount Hermon Mission Offering 2010**

**Given to date - \$5,385.00**

**Goal: \$10,000**

**Past the half-way mark!**

If you enjoyed listening to the audio recordings of the New Testament as made available through **Faith Comes By Hearing**, think how much it means for an illiterate person in a remote village of Africa or South America to hear God's Word in his or her native language. – When you give to the Mount Hermon Mission Offering, you make this possible. Learn more about it this Sunday.

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**Sunday – April 11, 2010**

Contributions – \$ 3,199.00  
Avg. weekly need – 3,765.00

Sunday School – 51      Offerings to date: \$57,892.16  
Worship – 90      Budget Goal to date: 56,370.00

Building Fund: \$ 50.00  
Mount Hermon Mission Offering this week -- \$ 221.00

**Special Gifts...**

In memory of Faye Markham Haycox by Lucille Campbell  
In memory of Joanne Hall by Keith & Kay Burnett, Levis & Frances Crump,  
Lucille Campbell  
In memory of Katherine Lacy by Mary M. Hughes

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**New & Updated Prayer Concerns...**

- **Kim Pond**, Karla Rowland's niece, had surgery Wednesday at J. Willis
  - **Peiling Zhao's mother** in China
  - **Sara Lu Chenery**, LuGay Lanier's mother, in Henrico Doctors Hospital, Forest; had surgery on neck Monday.
  - **Mavis Allen**, Ken Paul's mother, home from hospital in NC
  - **Ray Meyerhoeffer**, John Meyerhoeffer's father, in skilled care, Staunton, VA
  - **Bill Yano**, friend of Tom Hauser, had multiple bypass surgery on his heart this week, Chippenham Hospital
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**Wednesday, April 21**

6:00 PM – Dinner – **hot dogs & hamburgers, desserts**

6:45 PM – *The Psalms: Songs of Faith*

Children Missions & Music

Handbells

7:30 PM – Choir rehearsal

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**Sunday ministers**

**Nursery Care**

Apr 18 – Heather & Scott Szczesniak

Apr 25 – Becky & Chip Hancock

May 2 – Carolyn & Billy Bare

**Children's Church**

Apr 18 – Tammy Corbitt & helper

Apr 25 – Penny and Kristin Godsey

May 2 – Russ & Stephanie Hancock

**Ushers**

Apr 18 – Wayne Boothe, Lee Thompson, Keith Utley,  
Steve Van Cleef, Roger Mann, youth  
Apr 25 – David Cox, Woody Carter, Vincent Russell,  
Rick Witt Wayne Boothe, youth

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## Happy Birthday!

April 18 - Sarah Golden	22 - Tom Hauser
18 - Nancy Leftwich	22 - Becca Matthews
18 - Patrick Spraker	24 - Stephanie Hancock
18 - Tammy Corbitt	24 - Tina Pratt
19 - Alminter Jarrell	

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### *Quotes for Today*

True friends are those who really know you but love you anyway. -- Edna Buchanan

Education is when you read the fine print.

Experience is what you get if you don't. -- Pete Seeger

It takes as much energy to wish as it does to plan. – Eleanor Roosevelt

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From the Pastor

### *Blessed Sleep*

Out of a 24 hour day, the average human being spends about 8 hours asleep. Hmm... for one third of our lives we are unconscious and non-functioning. Why? – Some people like to say, “**There’s plenty of time to sleep when you are dead.**” True, life offers much to do, achieve, and accomplish, but studies consistently prove a direct relationship between sleep and our quality of life.

God hard-wired our sleep cycles. In fact, Psalm 127:2 says, “**In vain you rise early and stay up late, toiling for food to eat – for he grants sleep to those he loves.**” Yes, there are numerous verses in Proverbs criticizing lazy people for sleeping too much, but modern life with its 24/7 cycles (made possible by indoor lighting and media/technology) makes it all too easy to shortchange our bodily need for sleep.

Good solid sleep results in better overall health, mental alertness, increased memory, improved healing, and spiritual enrichment. It’s hardly a waste of time, but rather the best way to be ready for our waking hours. Naps are cool, too.

So next time you... (yawn)... feel the need to... (yawn)... catch a few winks, remember... (yawn)... what a gift sleep is from our loving God.

